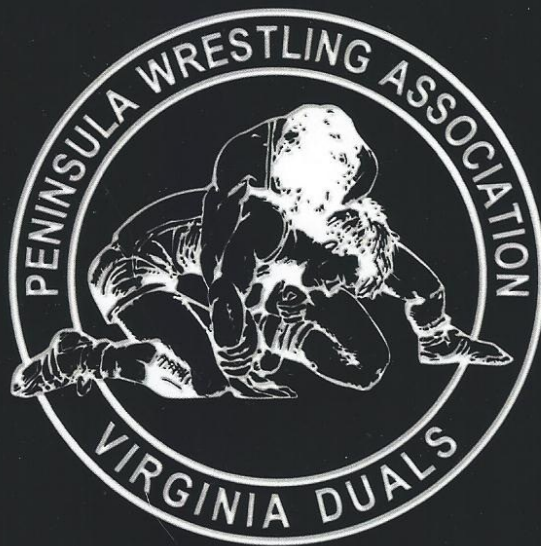


Virginia DUALS

thirty second annual

**2012 Virginia Duals
High School Saturday
Weigh-In Schedule**



January 13-14, 2012 • Hampton Coliseum • Hampton, Virginia

Weigh-In Schedule

General Information

(Note: VHSL Mandates Weigh-ins on 2nd Day)

Weight Classes: 106, 113, 120, 126, 132, 138, 145, 152, 160, 170, 182, 195, 220, 285

We will have a total of three (3) scales, each manned with two (2) operators on the first weigh-in. Medical checks will begin 15 minutes prior to each scheduled weigh-in. Weigh classes will be assigned to specific scales and weight must be made on that scale. Weigh-in times will be schedules by team. Scales will be available at the Hampton Coliseum at 2:30 p.m. on Thursday for weight checks. Only 24 wrestlers per team are permitted to weigh-in each day and all weight classes must make scratch plus two (2) pounds. A one (1) additional pound allowance will be given on Saturday's weigh-in. If a wrestler does not make weight he goes to a designated holding area until his team has finished weighing-in. No form of dehydration will be allowed in the holding area. He will not be allowed to leave the weigh-in room at any time during his team's weigh-ins. The wrestler will then be permitted a second chance to weigh-in on the scale of his choice immediately after the completion of his teams weigh-in.

Additional Notes:

- If a wrestler only weighs-in at the second weigh-in, they are only allowed the first weigh-in allowance (scratch + 2 lbs).
- Weight Class Eligibility: At the second weigh-in, a wrestler cannot declare a weight class below the original weight class. (Example: 1st Weigh-in is 132.6, individual is over the 132.0 weight class, so wrestler qualifies for 135. At second weigh-in, the wrestler weighs 132.2, although they are under 133, they cannot wrestle below the original qualifying weigh class for the event.

If you cannot make your scheduled time, call Mike Casey at 757-928-1979, in advance.

Weigh-In Schedule

Schedule

SATURDAY-January 14th

(Schedule set Friday Night)

5:00 AM Weigh-In room open. Scales available for weight checks.

6:00 AM **American Division and Black & Blue Division 1st Round Consolations (8 Teams each). National Division – Loser – Loser Consolation (4 Teams).**
(3 Scales, 6 Operators, 1 Medic)

American Teams (8)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
6:00 am	Deep Creek	6:12 am	Hanover
6:03 am	Smithfield	6:15 am	Eastern Regional
6:06 am	Kempsville	6:18 am	Grundy
6:09 am	Gloucester	6:21 am	Grassfield

Black & Blue Teams (8)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
6:24 am	Grafton	6:36 am	Tabb
6:27 am	Indian River	6:39 am	Phoebus
6:30 am	Cave Spring	6:42 am	York
6:33 am	Poquoson	6:45 am	Hermitage

National Loser – Loser Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
6:48 am	St. Marks	6:54 am	Chantilly
6:51 am	St. Christopher	6:57 am	Matoaca

7:00 AM Black & Blue Division – 2nd Round Consolations (4 Teams) and American Division – 2nd Round Consolations Top Bracket (2 Teams).

(3 Scales, 6 Operators, 1 Medic)

Black & Blue Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
7:00 am	Currituck	7:06 am	Nansemond River
7:03 am	Chancellor	7:09 am	Hampton

American Teams (2)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
7:12 am	Lexington	7:15 am	Kellam

7:18 AM National Division Consolation Quarters (4 Teams), American Division 2nd Round Consolations – Bottom Bracket (2 Teams), and American and Black & Blue Division Loser-Loser Matches (8 Teams).

(3 Scales, 6 Operators, 1 Medic)

National Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
7:18 am	Cox	7:24 am	Timber Creek
7:21 am	Franklin County	7:27 am	Camden Catholic

American Teams (2)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
7:30 am	Haddonfield	7:33 am	Fauquier

8:07 AM National/American/Black & Blue Semi-Finals (12 Teams).

(3 Scales, 6 Operators, 1 Medic)

National Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
8:07 am	Canon McMillan	8:13 am	South Plainfield
8:10 am	McDonogh	8:16 am	Christiansburg

American Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
8:19 am	Millbrook	8:25 am	Great Bridge
8:22 am	Liberty	8:28 am	Ocean Lakes

Black & Blue Teams (4)

	Scale # 1	Scale # 2	Scale # 3
Weight Class	106, 113, 120, 126	132, 138, 145, 152, 160	170, 182, 195, 220, 285
Time	Team	Time	Team
8:31 am	Brookville	8:37 am	Salem
8:34 am	Cape Henry	8:40 am	Western Branch